

# Puma Pudsey 10K Provisional Results

Pos	Name	Cat	Club	
1	Frank Beresford	MSEN	Otley AC	00:35:18
2	Jonathan Johnson	MSEN	Harrogate Harriers & AC	00:36:07
3	Ricahrd Pattinson	M45		00:37:10
4	Neil Armitage	M45	Pudsey & Bramley AC	00:37:30
5	Robin Outtersides	M35	Otley AC	00:37:37
6	Phil Skelton	MSEN		00:37:45
7	David Driver	M35	Hyde Park Harriers	00:38:12
8	James Clark	M35	Pudsey Pacers RC	00:38:17
9	ED Hyland	MSEN		00:39:16
10	George Anderson	MSEN	Hyde Park Harriers	00:39:20
11	Anthony Aimon	MSEN	Hyde Park Harriers	00:40:25
12	Mike Gallagher	MSEN	Hyde Park Harriers	00:40:25
13	Steve Darby	M45		00:40:29
14	Hannah Oldroyd	FSEN		00:40:44
15	Paul Gaile	M45	Pudsey Pacers	00:40:57
16	Michael Vargas	MSEN		00:41:09
17	Scott Watson	M35	Hyde Park Harriers	00:41:17
18	Jason Westmoreland	M45	Rothwell & District Harriers	00:41:27
19	Mark Beaumont	M35	Skyrac Athletic Club	00:41:30
20	Andrew Britton	M35	Idle AC	00:41:42
21	steve head	M40	St Theresa's A.C.	00:41:49
22	Rob Grant	M40		00:41:51
23	Gary Mann	MSEN	Valley Striders AC	00:41:53
24	John turpin	M40	Spensorough & Dist AC	00:41:58
25	mark pigford	M45	Stainland Lions Running Club	00:42:06
26	Ryan Turnbull	M35		00:42:11
27	Chris Smith	M40	Hyde Park Harriers	00:42:20
28	Paul Gidlow	M40		00:42:27
29	Tom Martin	MSEN	Hyde Park Harriers	00:42:33
30	Michale Egan	MSEN		00:42:37
31	Rachel Bourne	FSEN	Hyde Park Harriers	00:42:41
32	Neal Dowson	M35		00:42:42
33	Adam Hartley	MSEN		00:42:49
34	Alastair Kennis	M45	Thames Hare & Hounds	00:43:14
35	Jon Boote	M40	Roberttown Road Runners	00:43:25
36	Luke Wray-Rogers	M35	Abbey Runners	00:43:30
37	Ian Wilson	M35	Spensorough & Dist AC	00:43:39
38	Tom Eales	MSEN	Hyde Park Harriers	00:43:40
39	Stephen Boynton	M55	British Library Boston Spa AC	00:43:46
40	Adrian Brown	M40		00:43:55
41	ryan noon	MSEN	Pudsey & Bramley AC	00:43:56
42	Gavin Lamb	M35		00:44:02
43	Adam Parton	M40	Valley Striders	00:44:20
44	Neil Jones	M40	Stadium Runners	00:44:29
45	Graham Corbett	M35	Saltaire Striders	00:44:55
46	niamh jackson	F35	Kirkstall Harriers	00:44:59
47	Christopher Glover	M50	Kirkstall Harriers	00:45:03
48	Owen Bayley	MSEN		00:45:12
49	Peter Enever	M35	Pudsey Pacers	00:45:30
50	Rob Marsh	M40	Valley Striders AC	00:45:40
51	Pete Twigg	M45	Roundhay Runners	00:45:53
52	adam emery	MSEN		00:46:04
53	James Booth	MSEN	Hyde Park Harriers	00:46:09
54	John Grundy	M40		00:46:10

55	Shamiso Sisimayi	FSEN	Kirkstall Harriers	00:46:11
56	Darren Barham	MSEN	Pudsey Pacers RC / Broomfield S	00:46:12
57	Matthew Livesey	MSEN		00:46:12
58	Richard Backhouse	M40		00:46:14
59	Rob Greenland	M40		00:46:15
60	Mark Orbell	M50		00:46:18
61	Jon Eagle	M50	Horsforth Harriers	00:46:24
62	Sarah O'Sullivan	F35	Keighley & Craven AC	00:46:27
63	Craig Tipton	M45		00:46:37
64	Jonathan Ogle	M35	Handsworth Roadhogs	00:46:39
65	James Vickers	MSEN	Hyde Park Harriers	00:46:39
66	Colin Chapman	M45	Kirkstall Harriers	00:46:41
67	Christopher Taylor	M35	Hyde Park Harriers	00:46:47
68	Martin Green	M35		00:46:52
69	Mark Pawson	M40		00:47:04
70	Ian McArthur	M50		00:47:05
71	Jamie Lucas	M40	AB Print Group	00:47:08
72	Craig Phillips	MSEN	Stainland Lions Running Club	00:47:10
73	Andrew Roper	MSEN		00:47:20
74	Alistair Smyth	M55	Valley Striders AC	00:47:27
75	Paul Sawyer	MSEN	Hyde Park Harriers	00:47:30
76	Tom Cohen	MSEN		00:47:33
77	sharon hague	F45	Pudsey Pacers RC	00:47:35
78	Thomas Hardaker	MSEN		00:47:40
79	Anna Keys	FSEN	Pudsey Pacers	00:47:42
80	Ken Fox	M55	Hyde Park Harriers	00:47:49
81	Russell Horne	M40		00:47:56
82	Steven Woods	M55	Pudsey Runners	00:48:05
83	Aaron Cairns	MJ		00:48:08
84	Mike Bradshaw	M40	Pudsey Runners	00:48:09
85	Ashleigh Grailey	FSEN	Stadium Runners	00:48:10
86	Darren Earnshaw	M35	Stadium Runners	00:48:10
87	Mark Thornton	M40		00:48:11
88	Chris Jones	M55	Hyde Park Harriers	00:48:13
89	Richard Phelps	M35	Eccleshill Road Runners	00:48:23
90	kevin watson	M50	Dewsbury Road Runners	00:48:28
91	Andy Green	MSEN		00:48:29
92	Kevin Holmes	M45		00:48:36
93	Richard Barker	M40		00:48:44
94	John Nellist	M40		00:48:46
95	David Phillips	MSEN		00:48:51
96	Ian Shaw	M50		00:48:56
97	David Matthew	MSEN		00:49:00
98	Monica Padilla	FSEN	Hyde Park Harriers	00:49:03
99	Andy Cullen	M40		00:49:06
100	John Hutchinson	M65	Kirkstall Harriers	00:49:07
101	Andrew Boyes	M55	Driffield Striders	00:49:08
102	Alistair Smith	MSEN		00:49:10
103	Kieran O'Brien	M35	Kirkstall Harriers	00:49:12
104	Haydn Platts	M50		00:49:13
105	neil Windle	M40	Queensbury Running Club	00:49:14
106	Glen Walton	M35		00:49:14
107	Simon Smith	M45	Kirkstall Harriers	00:49:16
108	Desiree Normington	F40		00:49:26
109	Matt Wilson	MSEN		00:49:33
110	Greg Clarke	M40	Danum Harriers	00:49:34
111	JEREMY HUGHES	M45		00:49:35
112	John Hirst	M45	Hyde Park Harriers	00:49:37
113	Andy Brent	MSEN		00:49:42

114	Louise Cazan	F35	Valley Striders AC	00:49:51
115	Andrew Love	M35		00:49:52
116	Russ Cowling	M35		00:49:54
117	Mark horner	M40		00:49:59
118	Sara Barton	FSEN	Park Spring	00:50:00
119	Jason Walsh	M40		00:50:01
120	michael robins	M55	Valley Striders AC	00:50:06
121	Robert Hall	MSEN		00:50:15
122	Mark Whitley	MSEN		00:50:17
123	michael greer	M35	Stainland Lions Running Club	00:50:27
124	James Kemp	M40	AB Print Group	00:50:31
125	Sarah Shanks	FSEN	Valley Striders AC	00:50:32
126	Matt Johnston	M35		00:50:34
127	Peter Britton	M55	Kirkstall Harriers	00:50:37
128	Michael Birkinshaw	MSEN	AB Print Group	00:50:40
129	Christopher Brent	MSEN		00:50:47
130	Steven Abbott	M55	Crossgates Harriers	00:50:48
131	Donald Morgan	M50		00:50:49
132	Mark Doyle	M35		00:50:50
133	Martin Speed	M45		00:50:59
134	Daniel Waas	MSEN	Hyde Park Harriers	00:51:03
135	Mark Smith	M45	Pudsey Pacers RC	00:51:04
136	martin frazer	M45		00:51:07
137	Edward Norfolk	MSEN		00:51:14
138	Adam Beesting	MSEN		00:51:14
139	Ben Fillingham	MSEN		00:51:14
140	Adam Rudys	MSEN		00:51:14
141	Keith Birkhead	M50		00:51:23
142	Jason Green	MSEN		00:51:27
143	Mark Skimn	M55		00:51:28
144	Les Cook	MSEN		00:51:32
145	William Overton	M60	Pudsey Pacers	00:51:37
146	Robert Westwood	M50		00:51:41
147	Chris Patterson	M45		00:51:48
148	Nic Beevers	M40		00:51:49
149	Noel Fitzpatrick	M45	Saltaire Striders	00:51:50
150	Fred Jewitt	MSEN	Chapel Allerton Runners	00:51:50
151	Dave Halladay	M50	Wetherby Runners AC	00:51:50
152	Andy Halladay	M55		00:51:50
153	Joe. Waterhouse	M40		00:51:50
154	John Sutton	M35		00:51:50
155	Nathan Kenyon	MSEN		00:52:04
156	Denise McGeachy	F35	Chapel Allerton Runners	00:52:17
157	Chris Sawyer	M55	Valley Striders AC	00:52:22
158	Ian McCarron	MSEN		00:52:29
159	Duncan Skeet	M35		00:52:29
160	Rob Butler	M40		00:52:29
161	Sarah Lee	FSEN		00:52:35
162	Rick Riley	M35		00:52:37
163	Claire Geeson	FSEN	Hyde Park Harriers	00:52:42
164	Adam Jastak	M35		00:52:43
165	Benita Jones	F45	Driffield Striders	00:52:45
166	Jonathan Atkin	M40		00:52:45
167	Frank Beechcroft	MSEN		00:52:46
168	Phil Mason	M45		00:52:46
169	john blatherwick	MSEN	Hyde Park Harriers	00:52:47
170	John Thompson	M55		00:52:48
171	andy ward	M40		00:52:51
172	Benjamin Moghtader	M35		00:53:14

173	Steve Hallam	M55	Stainland Lions Running Club	00:53:25
174	Kirsten Tate	F40		00:53:27
175	anthony shaw	M65	Hillingdon AC	00:53:32
176	Chris Aldred	M55		00:53:33
177	David Newman	M55		00:53:34
178	Samsuri Hunak	MSEN		00:53:35
179	Fraser Best	MSEN		00:53:37
180	gary Pollard	M45		00:53:42
181	Dawn Parton	F40	Valley Striders	00:53:45
182	Andrew Tams	M45	Pudsey Runners	00:53:51
183	Liz Reddington	F50	Valley Striders AC	00:53:52
184	Karen Bowman	F35		00:53:53
185	Jacqui Simpson	FSEN		00:53:57
186	Emma Steel	F35	Valley Striders AC	00:54:07
187	Joanne Baxter	F40		00:54:07
188	David Ridsdale	M40		00:54:08
189	Christopher hunt	M35	Kirkstall Harriers	00:54:12
190	ANDREW BYROM	M45	Pudsey Pacers RC	00:54:18
191	Adrian Barton	M65		00:54:21
192	John Reeves	M40		00:54:25
193	Andrew Benson	M35		00:54:29
194	Lucy Ryder	F35		00:54:30
195	Andy Craven	M45		00:54:30
196	Julie Sherwin	F40		00:54:30
197	kat martin	FSEN	Valley Striders AC	00:54:32
198	Chris Heneachon	M40		00:54:32
199	Andy Groves	M45		00:54:32
200	Lynne Metcalf	F45		00:54:44
201	Daniel Sroda	M35		00:54:44
202	Gareth Winks	MSEN		00:54:44
203	Andrzej Gordon	M50		00:54:46
204				00:54:47
205	Darren Conquest	M45		00:54:48
206	Shane Nicholl	MSEN		00:54:56
207	David Womersley	M60	Hyde Park Harriers	00:55:05
208	Adam Gallagher	M35		00:55:07
209	Jordan Fey	MSEN		00:55:09
210	Tim Settle	M45		00:55:10
211	Kevin bond	M40		00:55:12
212	Nic Anness	F40	Pudsey Pacers	00:55:13
213	Richard Hayes	M40		00:55:18
214	Andrew Emmett	M35		00:55:21
215	Sandy Gee	M55	Stainland Lions Running Club	00:55:25
216	Chris Ellis	M40		00:55:28
217	Rob Webster	M45		00:55:28
218	Noel Akers	M55	Eccleshill Road Runners	00:55:31
219	LUIS VELASCO	MSEN		00:55:32
220	Alejandro Pinto	M40	Dragons Running Club (Leeds)	00:55:34
221	chris hudson	M40	Kirkstall Harriers	00:55:36
222	Henry Cumbers	MSEN		00:55:38
223	Mark Preston	M50	Stainland Lions Running Club	00:55:40
224	Richard Duffy	M60		00:55:50
225	Jon Garrod	M35		00:55:51
226	Bradley Wright	MSEN		00:55:51
227	Debs Davies	F35		00:55:51
228	Vicky Houghton	FSEN	Hyde Park Harriers	00:55:53
229	Liz Moyser	FSEN		00:55:55
230	Sarah Papadimos	F50	Horsforth Harriers	00:55:56
231	danny noon	MSEN		00:55:59

232	ZOEY HENEACHON	F40		00:56:04
233	Amanda Rhodes	F45		00:56:07
234	Joanna lockwood	F40		00:56:07
235	Emma Rawson	F40	Rothwell & District Harriers	00:56:07
236	Andrew Bennett	M45		00:56:17
237	Kieran Rayner	MSEN		00:56:17
238	Glenn Freeman	M40		00:56:17
239	christopher stanhope	M50	Eccleshill Road Runners	00:56:30
240	Stephen brown	M40		00:56:32
241	Ronald Herczeg	MSEN		00:56:35
242	Dan North	MSEN	Stadium Runners	00:56:36
243	David Wainman	M50		00:56:38
244	Neil Barton	M40		00:56:43
245	Nonum Nonum	MSEN		00:56:47
246	John Fryer	M55	Broomfield South	00:56:53
247	David Normington	M40		00:56:56
248	Nicola Schofield	F40		00:56:56
249	Wayne Helley	MSEN		00:57:01
250	Tod Christopher	M40		00:57:01
251	Wayne Almond	M35		00:57:03
252	Alistair Tinto	M45		00:57:04
253	Gavin Shoesmith	M40		00:57:05
254	Clare Evans	FSEN	Hyde Park Harriers	00:57:12
255	Martin Jarvis	M35		00:57:12
256	Deborah Cundill	F40	Manning Stainton	00:57:14
257	Claire Tregembo	F35		00:57:20
258	John McDermott	M40	Valley Striders	00:57:20
259	Paul Chapman	M40	Kirkstall Harriers	00:57:25
260	IAN BROWN	M70	Kirkstall Harriers	00:57:31
261	James Lane	MSEN		00:57:35
262	Claire Barker	F45		00:57:43
263	James Balkwill	M40	Abbey Runners	00:57:51
264	Dote Stone	F35	Hyde Park Harriers	00:57:52
265	Jemma Roe	FSEN	Kirkstall Harriers	00:57:54
266	Hayley Cocker	F40		00:57:55
267	Shaun Gallagher	M55		00:58:00
268	Terence Poole	M50		00:58:01
269				00:58:01
270	Ralph McDermott	M45	Pudsey Pacers RC	00:58:06
271	Philip Bailey	M65		00:58:11
272	Carol Moran	F50	Kirkstall Harriers	00:58:15
273	Andrew Maddock	M35	Hyde Park Harriers	00:58:15
274	stephen daniel	M40	Easingwold Running Club	00:58:18
275	Faye Cameron	F35	Idle AC	00:58:23
276	Jules Stead	F50	Pudsey Runners	00:58:25
277	Angus Morgan	MSEN	Harrogate Harriers & AC	00:58:36
278	Jack Disley	MSEN		00:58:40
279	Kevin Dransfield	M35		00:59:00
280	claire jones	F35		00:59:07
281	kathryn taylorson	FSEN		00:59:10
282	Steven Bail	M50		00:59:14
283	Kevin Kelly	M40	Kirkstall Harriers	00:59:18
284	Yvonne Skelton	F60		00:59:19
285	Annie Kisluk	F45	Eccleshill Roadrunners	00:59:20
286	David Goodyear	M50	Eccleshill Roadrunners	00:59:20
287	Louise Johnson	F35		00:59:22
288	Alyson Glover	F45	Kirkstall Harriers	00:59:24
289	Garry Moss	M45	York Knavesmire Harriers	00:59:28
290	Rodrigo Pires dos Santos	MSEN		00:59:30

291	Adrian Martin	M40	Pudsey Pacers RC	00:59:36
292	ROSHNI HAINSWORTH	FSEN		00:59:37
293	Nick Greenwood	MSEN		00:59:39
294	Daniel Bell	MSEN	Roundhay Runners	00:59:45
295	Davor Butkovic	M35		00:59:50
296	Gary Risdon	MSEN		00:59:51
297	Jordon Dempsey	MSEN		00:59:51
298	Samantha Sugden	F35		00:59:51
299	Lorna Devlin	FSEN		00:59:52
300	Oliver Webber	MSEN		00:59:53
301	Sara Demaine	F50	Pudsey Pacers RC	00:59:57
302	Mel Akeroyd	F35	Saltaire Striders	00:59:59
303	Richard Edwards	M35	Hyde Park Harriers	01:00:00
304	Paul Clifford	M55		01:00:00
305	David Harrison	M50	Pudsey Pacers	01:00:01
306	Andy Pinkney	M40		01:00:07
307	Paul Lawrence	M35		01:00:15
308	Rose Webb	FSEN		01:00:15
309	Rob Kevan	M50	Elswick Harriers	01:00:16
310	Viki Arnold	F40	Pudsey Runners	01:00:17
311	Matthew Bestwick	MSEN		01:00:22
312	Clare Starkie	F40		01:00:23
313	Alexandra de Joux	FSEN		01:00:29
314	Lowri Davies	F35		01:00:31
315	Lynne Barrett	F60	Pudsey Pacers RC	01:00:33
316	Alejandra Gori	FSEN		01:00:43
317	Graeme Horn	M50		01:00:45
318	Mathew Wood	M40		01:00:47
319	GILLIAN JAGO	F40	Eccleshill Road Runners	01:00:49
320	Richard Cotterill	M45		01:00:52
321	Phil Hammond	M50	Hyde Park Harriers	01:00:54
322	Richard Johnson	M45		01:00:54
323	Jennifer Baldwin	F45	Pudsey Pacers RC	01:00:57
324	Jack Ferguson	MSEN	AB Print Group	01:01:00
325	ROSE GEORGE	F45	Kirkstall Harriers	01:01:03
326	Burjor LANGDANA	M45		01:01:04
327	Andrew Booth	M40		01:01:09
328	Alan Spence	M55		01:01:16
329	ceata rycroft	F40		01:01:22
330	Karen Gaunt	F50		01:01:26
331	Ian Robert Wilson	M40	Ackworth Road Runners	01:01:33
332	Jason Walker	M40	Pudsey Runners	01:01:34
333	DEBORAH HUGHES	F45		01:01:35
334	PAUL HAINSWORTH	MSEN		01:01:40
335	Shaun Camponi	M55		01:01:44
336	Nathan Wicks	M35		01:01:48
337	Gemma Wright	FSEN		01:01:49
338	Louise Jennings	F40	Valley Striders AC	01:01:52
339	Mark Neve	MSEN		01:01:54
340	Patrick Nesdon	M60	Kirkstall Harriers	01:01:59
341	Rebecca Elliott	FSEN		01:02:03
342	Craig Fothergin	M45		01:02:03
343	Stephen Shoesmith-Evans	M45		01:02:15
344	Stephen Murphy	M45		01:02:20
345	Nikki Hill	FSEN	Stadium Runners	01:02:21
346	PAULA KELLY	FSEN		01:02:23
347	lisa slater	FSEN		01:02:23
348	Michael Speight	M35	Pudsey Pacers	01:02:25
349	Paula Pickersgill	F45	Stainland Lions Running Club	01:02:33

350	Joanne Beeton	F40	Pudsey Runners	01:02:41
351	IUIRAG Tarkas	MSEN		01:02:50
352	Ben Fitzpatrick	M45		01:03:06
353	Helen Wood	FSEN		01:03:11
354	Simon Mohun	M45		01:03:20
355	Christopher Parker	MSEN	Park Spring	01:03:23
356	Pascale Fotherby	F35	Valley Striders AC / Park Spring	01:03:23
357	Victoria Benson	FSEN	Park Spring	01:03:23
358	Wayne Freeman	M40		01:03:23
359	Glynn mortimer	M45		01:03:27
360	Rebecca Macdonald	F35		01:03:33
361	Katie Bryan	F35		01:03:33
362	Julia Guiseley	FSEN		01:03:34
363	Helen Robinson	F45		01:03:34
364	Jennifer Lawrence	F35	St Helens Striders	01:03:47
365	Sharon Coles	FSEN		01:03:50
366	Claire Platts	F50		01:03:50
367	Linda Moss	F50	York Knavesmire Harriers	01:03:51
368	Mike Boddy	M40		01:03:54
369	Benjamin wilson	MSEN		01:03:55
370	Stephen Irving	M35		01:03:55
371	Ashley Gardner	MSEN		01:04:09
372	Alan Williamson	M45	AB Print Group	01:04:11
373	Keith Pratchett	M70		01:04:40
374	Steve Taylor	M55	Stainland Lions Running Club	01:04:50
375	Marnie Farrell	F40		01:05:06
376	Mark Chapman	M40		01:05:10
377	Sophie Greaves	FSEN		01:05:16
378	Karl Robinson	MSEN		01:05:20
379	Andy Smith	M45	Queensbury Running Club	01:05:21
380	Heather Floyd	FSEN		01:05:22
381	Katie Jones	FSEN	Pudsey Pacers RC	01:05:24
382	Andrew Duffy	M45	Pudsey Pacers RC	01:05:24
383	Amanda Humphreys	F35		01:05:26
384	mark Shelton	MSEN		01:05:31
385	Raymond Barber	M60	Hyde Park Harriers	01:05:38
386	lois curtis	F35		01:05:40
387	Linda Fothergin	F45		01:05:50
388	Alan Goodall	M40	AB Print Group	01:05:53
389	Andrea Price	F45	Knaresborough Striders	01:05:53
390	Richard Dawson	M45		01:05:55
391	Frank Wright	M70		01:06:00
392	Emma Amor	FSEN	Hyde Park Harriers	01:06:04
393	Andrea Kerman	F40	Wharfedale Harriers	01:06:05
394	Peter Hill	M35		01:06:10
395	Chris Dickinson	M40		01:06:12
396	Karen Longfellow	F45	Kirkstall Harriers	01:06:24
397	Thabani Ndlovu	M35		01:06:42
398	Jazzmyn Chapman	FSEN		01:06:44
399	Joanne Hirst	F50	Stainland Lions Running Club	01:06:52
400	Sarah Thelwell	FSEN		01:06:57
401	Lee Allen	M45		01:06:59
402	Lesley Alexander	FSEN	Manning Stainton	01:07:04
403	SIMONE SI MOHAMED	FSEN	Manning Stainton	01:07:04
404	Clair Thorpe	FSEN	Crossgates Harriers / Broomfield	01:07:10
405	Lindsay Wallwork	F40		01:07:10
406	Adelle Seymour	F45		01:07:14
407	Claire Hougham	F35	Hyde Park Harriers	01:07:17
408	Andrea Speight	F45		01:07:19

409	Liz Clark	F45		01:07:21
410	MICHELLE DARE	F50	Pudsey Pacers RC	01:07:34
411	Mike Webb	F40	Hyde Park Harriers	01:07:36
412	Samantha Scarlett	FSEN		01:07:36
413	Ryan Keaney	MSEN		01:07:40
414	natalie Sampson	FSEN		01:07:42
415	Anne Freel	FSEN		01:07:43
416	Robin Brown	M75		01:07:45
417	Jane bond	F45		01:07:50
418	Kieren Balkwill	F40	Abbey Runners	01:07:59
419	Dawn Richardson	F50	Knaresborough Striders	01:08:00
420	julie firth	F50	Saltaire Striders	01:08:02
421	Linda Bullock	F45		01:08:14
422	Martin Bullock	M45		01:08:14
423	Samantha Armitage	F40		01:08:30
424	Anna Law	F35		01:08:30
425	Victoria Taylor	FSEN		01:08:31
426	karen head	F40	St Theresa's A.C.	01:08:35
427	Caroline Copeland	F35	Ackworth Road Runners	01:08:35
428	Martin Winham	M40		01:08:54
429	Kate Kelly	F35		01:09:05
430	Janet Roberttown	F45		01:09:05
431	Stuart Tiffany	M50		01:09:09
432	Nick Emmett	M40		01:09:10
433	Che Marston	MSEN		01:09:17
434	Adele Robins	FSEN		01:09:22
435	Shu-Shiun Ku	F35		01:09:25
436	Josie Evans	F40		01:09:25
437	Margaret Gudgeon	F45		01:09:54
438	Jill Buckley	F35	Kirkstall Harriers	01:09:56
439	Katie Pennnington	F35		01:10:09
440	Dveirel Kovalsky	F35		01:10:10
441	GILES SCRAFTON-HART	M45		01:10:12
442	Jackie baldwin	F45	Pudsey Pacers RC	01:10:12
443	Jo Sweeting	F40		01:10:15
444	greg thorley	M45		01:10:15
445	Rebecca Dickinson	F35		01:10:43
446	Samantha broome	FSEN	Kirkstall Harriers	01:10:44
447	Elizabeth Bunning	FSEN		01:10:47
448	Paul Dewhirst	M50	Pudsey Pacers	01:11:08
449	sharon curtis	F45		01:11:12
450	Christine Lay	F55		01:11:12
451	Kezzie Medford	F65		01:11:12
452	Andrea Szalai	FSEN		01:11:15
453	Nicola Kirk	F40		01:11:16
454	Jennifer Widdowson	F35		01:11:22
455	Caroline Carter	F35		01:11:35
456	Graham fisher	M45		01:12:24
457	Daniella Lodge	F40		01:12:58
458	Kirsty Lodge	F40		01:12:58
459	Damien Cliffe	MSEN		01:13:05
460	Melvyn Burton	M60	Crossgates Harriers	01:13:16
461	Costas Doru	MSEN		01:13:21
462	Natalie Crooke	FSEN		01:13:21
463	Matthew Williamson	MSEN		01:13:33
464	Sarah English	FSEN		01:13:34
465	Louise Hawsworth	FSEN	Hyde Park Harriers	01:13:50
466	Anne Akers	F55	Eccleshill Road Runners	01:14:17
467	sharon warrington	F40		01:14:17

468	Josh Farrand	MSEN		01:14:47
469	Nonum Nonum	MSEN		01:15:02
470	Robert Nash	M45		01:15:38
471	Alex Mills	F35		01:15:38
472	Gary Andrews	MSEN		01:15:43
473	Jacquelyn Andrews	FSEN		01:15:43
474	David Bamford	M50		01:16:42
475	Ian Brown	M45	AB Print Group	01:17:26
476	andrea walker	F55		01:17:31
477	Debbie Mason	F55		01:17:42
478	Keith Ritchie	M35		01:17:54
479	Nonum Nonum	MSEN		01:20:02
480	Rich Banks	M45		01:20:34
481	Jen Stobbs	F40		01:22:25
482	HUI FANG Liu	F35		01:22:41
483				01:24:05
484	JOLENE HUMPHREY	FSEN		01:28:40
485	Anastasia Lincoln	F60	Idle AC	01:28:43
486	Mandy Turner	F45		01:29:15