

Sainsburys Pudsey 10K Provisional Results

Pos	Name	Club/*Team	Cat	Time
1	Tesfaye Debele	Leeds City Athletic Club	MSEN	00:35:26
2	John Hobbs	Valley Striders AC	M35	00:35:48
3	Matthew Lockyer	Pudsey & Bramley AC	M35	00:35:58
4	Daryl Hibberd	Valley Striders AC	MSEN	00:36:28
5	Will Kerr	Saltaire Striders	M40	00:36:29
6	Phil Skelton	Steel City Striders RC	M35	00:38:04
7	James Clark	Pudsey Pacers RC	M35	00:38:31
8	Neil Armitage	Pudsey & Bramley AC	M45	00:38:49
9	Rob Grant		M40	00:38:56
10	Matt Livesey	Pudsey Pacers RC	MSEN	00:39:08
11	John Mason	Dewsbury Road Runners	M50	00:39:14
12	Greg Hull	Leeds City Athletic Club	M50	00:39:52
13	Paul Gidlow		M40	00:40:05
14	Rich Allen	Pudsey Pacers RC	M35	00:40:10
15	Alistair Ryder		MSEN	00:40:25
16	Jonathan Smyth		MSEN	00:40:25
17	Robert Blemings	St Theresa's A.C.	MSEN	00:40:54
18	Mark Beaumont	Skyrac Athletic Club	M35	00:41:13
19	Michael Vargas		MSEN	00:41:17
20	Colin Tranter	Hyde Park Harriers	M35	00:41:55
21	peter Baker	City of Hull AC	M35	00:42:05
22	Gerard Skippins	Spensorough & Dist AC	M40	00:42:06
23	Andrew Britton	Idle AC	M40	00:42:08
24	john calvert	Dewsbury Road Runners	M45	00:42:13
25	Lee Nash		MSEN	00:42:20
26	Keith Long	Dewsbury Road Runners	M55	00:42:28
28	Steve Head	St Theresa's A.C.	M45	00:42:39
29	Rob Greenland		M40	00:42:45
30	Adam Woska	York Knavesmire Harriers	M35	00:42:51
31	Jimmy Sheldon	Hyde Park Harriers	MSEN	00:42:56
32	David Semmence	Pudsey Pacers RC	MSEN	00:42:56
33	Scott Watson	Hyde Park Harriers	M35	00:43:14
34	Michael Egan		M35	00:43:23
35	Richard James		M35	00:43:25
36	Oliver Gregory		M35	00:43:27
37	Daniel Sargeant	*Fleece	MSEN	00:43:54
38	Daniel Thornton		M35	00:44:05
39	lindsey clegg	Horsforth Harriers	F35	00:44:10
40	Ross Armstrong	Abbey Runners	MSEN	00:44:11
41	Martin Bullock		M40	00:44:14
42	Daryl Young		MSEN	00:44:16
43	John Grundy		M40	00:44:19
44	Geoff Webber-Cross	Chapel Allerton Runners	M35	00:44:33
45	Ady Brown		M45	00:44:34
46	James Booth	Hyde Park Harriers	MSEN	00:44:50
47	Nicky Steel	Wakefield District H & AC	F35	00:45:01
48	Philip Welch		MSEN	00:45:06
49	Mark Orbell		M50	00:45:09
50	Steven Woods	UKnetrunner.co.UK	M55	00:45:24
51	Annabel Mason	Wakefield District H & AC	FSEN	00:45:28
52	Kevin Watson	Dewsbury Road Runners	M50	00:45:29
53	Mark Lillywhite		MSEN	00:45:30
54	darren nero		M40	00:45:45
55	Rachel Friend		FSEN	00:45:46
56	Mike Bradshaw	Pudsey Runners	M45	00:45:48

57	darren conquest		M45	00:45:50
58	Paul Smith	Valley Striders AC	M45	00:45:59
59	Joe Atkinson	Wetherby Runners AC	MJ	00:46:02
60	Adam Nodwell	Kirkstall Harriers	MSEN	00:46:10
61	Thomas Hardaker		MSEN	00:46:12
62	Steve Woods	Pudsey & Bramley AC	M55	00:46:13
63	Peter May	Queensbury Running Club	M55	00:46:15
64	Christopher Glover	Kirkstall Harriers	M55	00:46:18
65	Andrew Love		M35	00:46:25
66	matthew keya		M40	00:46:28
67	Oliver Thornton		MSEN	00:46:32
68	Craig Blackwell	Baildon Runners	M45	00:46:39
69	Paul Fox		MSEN	00:46:45
70	James Vickers	Hyde Park Harriers	MSEN	00:46:46
71	Mark Thornton		M40	00:46:53
72	neil Windle	Queensbury Running Club	M40	00:46:53
73	Andrew Byram	Dewsbury Road Runners	M40	00:46:56
74	Jonathan Ogle	Handsworth Roadhogs	M40	00:46:57
75	Paul Murgatroyd		M50	00:47:14
76	Matthew Dibb		MSEN	00:47:17
77	Jonathan Hunt		M35	00:47:21
78	mark horner		M40	00:47:23
79	Simon Hogan		M45	00:47:45
80	Rob Skelton		M35	00:47:46
81	graham rhodes	Queensbury Running Club	M50	00:47:52
82	Sarah Graham		FSEN	00:47:55
83	Phil Miskell		MSEN	00:47:58
84	Luke Broughton		M35	00:47:58
85	Oliver Roberts		MSEN	00:48:03
86	Philip Love	*Farsley Flyers	M40	00:48:03
87	Adam Parton	Valley Striders AC	M45	00:48:07
88	Samuel Gill		MSEN	00:48:09
89	Jason Amos		M35	00:48:11
90	Hayley Nancolas	Valley Striders AC	F35	00:48:25
91	NoNum			0 00:48:30
92	Gary Naylor		M40	00:48:30
93	Andrew Roper		MSEN	00:48:31
94	Paul Atkinson	Wetherby Runners AC	M50	00:48:36
95	James Gross		M35	00:48:38
96	Brian Layng		M50	00:48:38
97	Martin Green		M35	00:48:42
98	Robert McDougle		MSEN	00:48:44
99	David Lewis	Idle AC	M55	00:48:45
100	darren lister	Queensbury Running Club	M40	00:48:46
101	Paul Barrett		MSEN	00:48:47
102	John McCarthy	Rothwell & District Harriers	M55	00:48:48
103	Robert Howard	Loftus & Whitby AC	M65	00:48:49
104	Chris Jones	Hyde Park Harriers	M55	00:48:54
105	Ewan Gibb	Saltaire Striders	MSEN	00:48:56
106	Ian Dickinson		M50	00:49:01
107	mark mccarthy		M40	00:49:02
108	Chris Alexander		MSEN	00:49:02
109	paul swinden		M40	00:49:13
110	David Womersley	Horsforth Harriers	M60	00:49:16
111	David Booth	*Farsley Flyers	M50	00:49:16
112	Simon Lillywhite		MSEN	00:49:20
113	Mark Delaney	Baildon Runners	M50	00:49:20
114	Ben Myers		MSEN	00:49:20
115	Michael Robins	Valley Striders AC	M55	00:49:20

116	Paul Stephens	Ilkley Harriers AC	M55	00:49:22
117	Andrew Brent		M40	00:49:23
118	Chris Readman		MSEN	00:49:27
119	Sarah Hammond	Pudsey Pacers RC	FSEN	00:49:28
120	Philip Lonsdale	Pudsey Pacers RC	M50	00:49:29
121	Hayley Lawrence		FSEN	00:49:32
122	Nic Beevers		M45	00:49:37
123	Leanne Farmery Hague		F40	00:49:42
124	NoNum			0 00:49:44
125	Chris Brent		MSEN	00:49:54
126	Paul Sawyer	Hyde Park Harriers	MSEN	00:49:55
127	Shaun Wake		M35	00:50:03
128	martin mcclleave	Horsforth Harriers	M45	00:50:05
129	Alistair Smyth	Valley Striders AC	M55	00:50:10
130	Mark Woodhead	Valley Striders AC	M50	00:50:22
131	Sue Sunderland	Valley Striders AC	F55	00:50:23
132	James Lillywhite		MSEN	00:50:28
133	Phil Mcaliece		MSEN	00:50:40
134	Stuart Wilson		M35	00:50:45
135	Becky Lawrence	Horsforth Harriers	F35	00:50:46
136	Louise O'Brien	Kirkstall Harriers	F40	00:50:52
137	Paul Seddon	*Farsley Flyers	M45	00:50:53
138	Julie Barley	Leeds City Athletic Club	F50	00:50:56
139	Chris Hudson	Kirkstall Harriers	M40	00:50:59
140	Ben Kumar		MSEN	00:51:02
141	Mark Doyle		M35	00:51:10
142	Mr Clements		M40	00:51:15
143	David Hudson	Pudsey Pacers RC	M55	00:51:15
144	John Sutton		M35	00:51:15
145	Boguslaw Grebosz		M35	00:51:19
146	Steven Abbott	Crossgates Harriers	M55	00:51:23
147	Jason Buckley	Kirkstall Harriers	M100	00:51:24
148	Kamil Zakowski	Saltaire Striders	MSEN	00:51:30
149	David Farmery Hague		M45	00:51:35
150	Stephen Welch		MSEN	00:51:41
151	Chris Welch		MSEN	00:51:42
152	Alex Holliday		MSEN	00:51:53
153	Ian McCarron		MSEN	00:51:56
154	Laura Watson		FSEN	00:52:00
155	Wayne Avery		M35	00:52:01
156	HARRY HUGHES		MJ	00:52:03
157	Donald Morgan	Harrogate Harriers & AC	M50	00:52:03
158	Frank Beecroft	Saltaire Striders	M50	00:52:10
159	Sophy Barber		FSEN	00:52:14
160	Stephen Rayner		M35	00:52:19
161	Alicia Tecza	*Rainbow Health	F35	00:52:21
162	Alex Murgatroyd		MSEN	00:52:26
163	Rob Webster	Horsforth Harriers	M45	00:52:29
164	Ian Smith	Rothwell & District Harriers	M40	00:52:31
165	Jane Webster	Horsforth Harriers	F45	00:52:39
166	Will Parsons		M40	00:52:42
167	Sally Corbin-Smith	Pudsey Pacers RC	F40	00:52:47
168	Simon Boardman		MSEN	00:52:48
169	Terry poole		M50	00:52:50
170	Dave Halladay	Wetherby Runners AC	M50	00:52:51
171	NoNum			0 00:52:54
172	John Vigurs		M40	00:53:02
173	ian walker	Wakefield District H & AC	M50	00:53:04
174	Malcolm Lavery	St Theresa's A.C.	M45	00:53:05

175	Les Cook		M35	00:53:08
176	Rob Westwood		M50	00:53:09
177	Tom O'Reilly		M35	00:53:13
178	Brian Gray		M50	00:53:15
179	Duncan Skeet		M40	00:53:18
180	Matthew Dudley	Baildon Runners	MSEN	00:53:22
181	Ian Stokes		M45	00:53:24
182	Brad Strutt	Pudsey Pacers RC	MSEN	00:53:26
183	John Singh		MSEN	00:53:32
184	Sophie Cullen	St Theresa's A.C.	F40	00:53:33
185	Steve Pickering	Pudsey Runners	M40	00:53:40
186	Sara Elliott	Otley AC	M40	00:53:41
187	Jeremy Forber	Hyde Park Harriers	M55	00:53:43
188	James Finnigan	Kirkstall Harriers	MSEN	00:53:49
189	Chris Heneachon		M40	00:53:53
190	Adam Beesting	*Farsley Flyers	MSEN	00:53:56
191	Simon Barker	Valley Striders AC	M40	00:53:58
192	Richard Tasker	Pudsey Pacers RC	MSEN	00:54:05
193	Kirsten Tate		F40	00:54:07
194	Christopher Baranowski		M40	00:54:12
195	Naomi Armitage	Idle AC	FSEN	00:54:12
196	David Jefferson		M35	00:54:12
197	Dawn Parton	Valley Striders AC	F40	00:54:25
198	Simon Cribbes		M55	00:54:27
199	Noel Akers	Eccleshill Road Runners	M55	00:54:28
200	Theresa Duckett	Horsforth Harriers	F45	00:54:30
201	Paul Chapman	Kirkstall Harriers	M40	00:54:32
202	Gareth Winks		MSEN	00:54:33
203	Rupert Limon		MSEN	00:54:33
204	Martin Athey	Dewsbury Road Runners	M35	00:54:34
205	Robert Calver	Chapel Allerton Runners	M40	00:54:36
206	David Byrom	Pudsey Pacers RC/ *Fleece	M50	00:54:40
207	Jonathan Atkin		M45	00:54:41
208	Ben Wood	Pudsey Pacers RC	MSEN	00:54:52
209	stephen daniel	Easingwold Running Club	M40	00:54:57
210	Stuart Eakin		M50	00:55:01
211	Stephanie Dyson		FSEN	00:55:01
212	Amanda spencer		F45	00:55:02
213	Brian Sean Perfitt	Eccleshill Road Runners	M40	00:55:08
214	Robert Middleton		MSEN	00:55:12
215	STUART POSTLETHWAITE		M35	00:55:15
216	Rhianna Rose	Leeds & Bradford Triathlon Club	F35	00:55:22
217	Andrew Tams	Pudsey Runners	M50	00:55:28
218	Josie Davis		FSEN	00:55:30
219	Robert powell		M35	00:55:30
220	John Gallagher		MSEN	00:55:44
221	Paul Bennett		M55	00:55:50
222	Luis Velasco Vinuesa		MSEN	00:55:52
223	Noel Fitzpatrick	Saltaire Striders	M45	00:55:54
224	zoey Heneachon	Selby Striders	F40	00:55:58
225	Daniel Sroda		M35	00:56:01
226	Malcolm Foy	Saltaire Striders	M50	00:56:04
227	Nathan Molyneaux	Kirkstall Harriers	M35	00:56:09
228	Alejandro Pinto	Dragons Running Club (Leeds)	M40	00:56:12
229	Martin O'Brien	Stainland Lions Running Club	M55	00:56:17
230	Fergus Eakin		MSEN	00:56:20
231	Simon Brown		M40	00:56:26
232	Mark Hayward		M40	00:56:28
233	Tom Barrett		MSEN	00:56:29

234	Johnny Scott		M35	00:56:35
235	Sally Butkovic		F35	00:56:41
236	Adrian Barton		M65	00:56:45
237	Lucy Robins	Valley Striders AC	F50	00:56:54
238	Steven Esgate	Pudsey Pacers RC	MSEN	00:56:54
239	Stephanie Dyson		FSEN	00:56:57
240	ruth hancox	Hyde Park Harriers	FSEN	00:57:00
241	Garry Brownbridge	Abbey Runners	M55	00:57:04
242	Louise Dell'Amico	Saltaire Striders	F40	00:57:06
243	Simon Greene		M60	00:57:08
244	Claire Bastow		FSEN	00:57:20
245	Hayley Cocker		F40	00:57:20
246	Jason Newell	Hyde Park Harriers	M40	00:57:21
247	Dominic Camponi		MSEN	00:57:22
248	Lynne Metcalfe	Rothwell & District Harriers	F45	00:57:30
249	craig fothergill		M45	00:57:46
250	mel akeroyd	Saltaire Striders	F35	00:57:47
251	Katherine Hill	Kirkstall Harriers	FSEN	00:57:47
252	Sara Demaine	Pudsey Pacers RC	F50	00:57:47
253	Oliver Poole		MSEN	00:57:50
254	Nicole Atkinson		FSEN	00:57:54
255	NoNum			0 00:57:57
256	Michael Sanderson		MSEN	00:58:14
257	Amy Smith		FSEN	00:58:14
258	Chris Brown	*Fleece	MSEN	00:58:18
259	Emma Rawson	Rothwell & District Harriers	F40	00:58:29
260	Alyson Glover	Kirkstall Harriers	F50	00:58:40
261	Bradley Wright		MSEN	00:58:46
262	Steve Gray		M35	00:58:54
263	Christopher Waddingham		M35	00:58:55
264	Vic Peacock		FSEN	00:58:57
265	Richard Ottaway		M40	00:59:00
266	Simon Green		MSEN	00:59:03
267	DEBORAH HUGHES		F45	00:59:05
268	Nicola Hawkins		FSEN	00:59:13
269	Alan Hart		M35	00:59:15
270	Craig Wallbank		MSEN	00:59:15
271	Andrew Rayner	Otley AC	M50	00:59:17
272	Emma Robinson	Pudsey Pacers RC	MSEN	00:59:19
273	Matthew Byfield		M40	00:59:21
274	Graham Shipway		M40	00:59:24
275	Callissa Brent		FSEN	00:59:26
276	Andrew De Joux		M35	00:59:28
277	Clare Evans	Hyde Park Harriers	FSEN	00:59:28
278	Maika Ohno	Hyde Park Harriers	F40	00:59:31
279	Shahram Momtaz		M40	00:59:35
280	carol baxter		F50	00:59:42
281	Steve Wood		M60	00:59:47
282	Russell Webster	Hyde Park Harriers	M45	00:59:51
283	Alec Waddington		MSEN	00:59:52
284	Samsuri Hunak		MSEN	00:59:54
285	Alexandra De Joux		FSEN	01:00:05
286	Adrian Martin	Pudsey Pacers RC	M40	01:00:18
287	Christopher Hill	Airecentre Pacers RC	M60	01:00:21
288	Graham Prince		M40	01:00:22
289	george gardner		M60	01:00:25
290	Laura Harrison		FSEN	01:00:28
291	Lynne Barrett	Pudsey Pacers RC	F60	01:00:37
292	Ralph McDermott	Pudsey Pacers RC	M45	01:00:43

293	Jules Stead	Pudsey Runners	F50	01:00:44
294	Paul Cliford		M55	01:00:55
295	Sam Grundy		M40	01:01:01
296	Paul Mortimer	Pudsey Pacers RC	M45	01:01:02
297	Carol Moran	Kirkstall Harriers	F50	01:01:05
298	Russell Missett		M45	01:01:07
299	amanda metcalfe	Nidd Valley Road Runners	F50	01:01:21
300	David Harrison	Pudsey Pacers RC	M55	01:01:27
301	Andy Brent			01:01:31
302	Louise Johnson	Dragons Running Club (Leeds)	F35	01:01:33
303	Helen Goacher		FSEN	01:01:34
304	Lesley Lavery	St Theresa's A.C.	F45	01:01:43
305	Caroline Sanders	Hyde Park Harriers	F40	01:01:43
306	Richard Edwards	Hyde Park Harriers	M40	01:01:51
307	Matthew Wood		M40	01:01:57
308	Gary Risdon		MSEN	01:01:58
309	Jo Nicholson	*Farsley Flyers	F35	01:02:04
310	Karen Head	St Theresa's A.C.	F40	01:02:07
311	karen sargeant	*Pudsey Runers	F50	01:02:09
312	Georgia smith-calvert	Spensborough & Dist AC	FJ	01:02:15
313	Dan Russell		MSEN	01:02:16
314	Mark Chapman		M40	01:02:25
315	Andrew Smith	Queensbury Running Club	M45	01:02:29
316	steve ellis		M55	01:02:30
317	Mike Boddy		M40	01:02:50
318	Kevin Simpson		M55	01:02:52
319	PETER BINNIE	Pudsey Pacers RC	M50	01:02:59
320	Gary beesley		M45	01:03:03
321	Karen Boardman	Kirkstall Harriers	FSEN	01:03:09
322	Kevin Green		M35	01:03:10
323	Emma Sebright-Pickard	Airecentre Pacers RC	F45	01:03:14
324	Katie Hemsworth		FSEN	01:03:23
325	dawn richardson	Knaresborough Striders	F55	01:03:25
326	Bob Ke		M35	01:03:25
327	Shaun Arnold		M40	01:03:28
328	Laura Edwards	Hyde Park Harriers	FSEN	01:03:28
329	Rachael Saunders		F35	01:03:36
330	Viki Arnold	Pudsey Runners	F40	01:03:39
331	chris oddy		MSEN	01:03:39
332	G.Mark Richardson		M55	01:03:40
333	Jack Cockerham		MSEN	01:03:42
334	Alan Spence		M55	01:03:45
335	Mark Jackson	Pudsey Runners	M50	01:03:48
336	Jo Watson		F40	01:04:00
337	Davor Butkovic		M35	01:04:02
338	Kev Burnitt	*City Training Services	M55	01:04:02
339	lauren gaunt		FSEN	01:04:02
340	Laura Dent		F35	01:04:05
341	Zoe Friend	*Farsley Flyers	FSEN	01:04:10
342	lee allen		M45	01:04:18
343	Miranda McKenzie		F45	01:04:20
344	Antony Eckersley		M45	01:04:21
345	Adam Deacon		M40	01:04:23
346	Louise Cribbes		F50	01:04:24
347	Rebecca Ross	Pudsey Runners	FSEN	01:04:30
348	paul symons		M45	01:04:30
349	ceata rycroft	Kirkstall Harriers	F40	01:04:32
350	Margaret Harvey		F40	01:04:40
351	lois curtis		F35	01:04:45

352	Antony vyse		M35	01:04:48
353	Elizabeth Walker	Kirkstall Harriers	FSEN	01:04:53
354	Paul Snelling		M35	01:04:58
355	Ranbir Mannu		MSEN	01:05:00
356	Paul Harlow	VocaLink Running Club	M55	01:05:08
357	Joanne Wetherill		F35	01:05:17
358	Michael Mason	Hyde Park Harriers	M50	01:05:36
359	Tanya Collier		FSEN	01:05:53
360	Sally Barker		FSEN	01:05:58
361	Andrew Hartley		M40	01:05:59
362	SIMON POLLARD		M45	01:06:00
363	Christine Stead	Pudsey Pacers RC	F45	01:06:03
364	Julie Firth	Saltaire Striders	F50	01:06:03
365	Samantha Stewart		F35	01:06:13
366	Hollie Smith		FJ	01:06:13
367	Craig Rogers		MSEN	01:06:39
368	Rebecca Rogers	Hyde Park Harriers	FSEN	01:06:39
369	Lucy Winder	Pudsey Pacers RC	F35	01:06:52
370	Elizabeth Sochacka		F45	01:07:05
371	Karen Metcalfe		F40	01:07:05
372	Costasathinodoru@hotmail.com		MSEN	01:07:14
373	Caroline McCourt	*Farsley Flyers	F45	01:07:14
374	Philip Lee		M50	01:07:18
375	Vicki Hipkiss	Kirkstall Harriers	F50	01:07:21
376	Andy Hall	Pudsey Pacers RC	M45	01:07:21
377	Emma Hartley		F40	01:07:23
378	Sue Cage		F40	01:07:23
379	Paul Hollings		MSEN	01:07:23
380	Dominique McLachlan		FSEN	01:07:24
381	Zoe Tebbutt	Pudsey Runners	F45	01:07:32
382	Samantha Scarlett	Hyde Park Harriers	FSEN	01:07:44
383	Clare Greenwood	Pudsey Pacers RC	FSEN	01:07:46
384	Rebecca Scaife		F45	01:07:46
385	Ian Robinson		M35	01:07:48
386	Sue Williamson	Ilkley Harriers AC	F50	01:07:50
387	Patrick Nesden	Kirkstall Harriers	M60	01:07:52
388	Sara Hunter		FSEN	01:07:53
389	Ian shepherd	Idle AC	M60	01:07:55
390	Victoria Roome		F35	01:07:58
391	Robin Richards		MSEN	01:07:59
392	Caroline Spalding		FSEN	01:08:04
393	Nicola Barnett	Horsforth Harriers	F40	01:08:23
394	IAN ROBERT WILSON	Ackworth Road Runners	M40	01:08:27
395	Raymond Barber		M60	01:08:31
396	Nicola Kirk		F40	01:08:37
397	Victoria Benson	Pudsey Pacers RC	FSEN	01:08:39
398	Richard Milner		M35	01:08:41
399	Joanne Love		F40	01:08:53
400	Fiona Wharton		F40	01:09:09
401	leanne oddy		FSEN	01:09:12
402	Rebecca Dickinson		F35	01:09:27
403	Liz Covey-Crump		F40	01:09:28
404	Kezzie Medford	Pudsey Pacers RC	F65	01:09:31
405	Graham fisher		M45	01:09:33
406	Karen Nelson		F50	01:09:42
407	Angela Eckersley		F40	01:09:49
408	Vaness Myers		F40	01:09:54
409	Beth Higgins		FSEN	01:10:15
410	Karen Gaunt		F50	01:10:15

411	Josh Farrand		MSEN	01:10:26
412	Mellissa Britton		FSEN	01:10:30
413	Julie Gilbertson		F40	01:10:33
414	Charlotte Peel		F35	01:10:33
415	Robin Brown		M75	01:10:40
416	Alex Atkinson		FSEN	01:10:44
417	Karen Longfellow	Kirkstall Harriers	F50	01:10:44
418	Rhona Cameron	Larkfield Athletics Club	F55	01:10:45
419	Claire Hougham	Hyde Park Harriers	F35	01:10:46
420	Ralph McDermott	Pudsey Pacers RC	M45	01:10:50
421	Emma Howson		F40	01:11:05
422	Peter Hey	Kirkstall Harriers	M60	01:11:09
423	Lesley Walton		F60	01:11:13
424	Jill Crampton	Pudsey Runners	F45	01:11:13
425	Jill Hudson	Kirkstall Harriers	F40	01:11:14
426	Kirsty Russell	Bradford Airedale AC	F45	01:11:20
427	Michael Wrigglesworth		M50	01:11:33
428	Paula Robinson		F45	01:11:40
429	Emma Walker	*Farsley Flyers	F35	01:11:51
430	Candida Chahal	*Farsley Flyers	F45	01:11:51
431	Nicola McMillan		F45	01:12:04
432	Jason Walker		M40	01:12:10
433	Debbie Coope		F40	01:12:15
434	Jill Buckley	Kirkstall Harriers	F35	01:12:17
435	kinga leszczynska		F35	01:12:46
436	Krzysztof Siejka		M40	01:12:46
437	Adele Robins		FSEN	01:12:51
438	Macaley smith		F35	01:13:06
439	Alistair Smith		M35	01:13:06
440	Lindsay Trueman		F35	01:13:12
441	Katrin Ullrich		FSEN	01:13:13
442	michelle kirk		F50	01:13:26
443	Rachael Taylor		F45	01:13:26
444	wayne sargeant		M50	01:13:32
445	Jennifer Palfreeman		FSEN	01:13:58
446	Liz Donoghue		F45	01:14:23
447	Jayne greensill		F45	01:14:23
448	ADELAIDE SEYMOUR		F45	01:14:38
449	Andrea Walker		F55	01:14:51
450	Craig Nelson		MSEN	01:14:56
451	Imogen Rattle		F35	01:14:57
452	Katie Mcnamara		FSEN	01:15:04
453	Alison Duncan		F40	01:15:36
454	Anne Akers	Eccleshill Road Runners	F55	01:15:45
455	Amy O'Connor		FSEN	01:15:55
456	NIGEL BARKER	*Fleece	M40	01:16:05
457	Lois Ferraby		FSEN	01:16:10
458	Lynne Oxley	Pudsey Pacers RC	F40	01:16:10
459	Lisa Beekharry		FSEN	01:16:29
460	Julie Poole		F50	01:16:52
461	Samantha Broome	Kirkstall Harriers	FSEN	01:17:09
462	Che Marston		MSEN	01:17:50
463	Wendy Stephenson		F50	01:19:36
464	Jen Stobbs		F40	01:19:55
465	Jenni Oddy		FSEN	01:20:00
466	Julia Hunter	St Theresa's A.C.	F50	01:20:01
467	Peter Dodd		M45	01:20:36
468	Hilary Wharam	Horsforth Harriers	F70	01:20:49
469	Debbie Mason		F55	01:20:58

470	Hannah Gowland		FSEN	01:20:59
471	Andrew Jones		M35	01:21:12
472	James Lyner		M35	01:22:00
473	IAN BROWN	Kirkstall Harriers	M70	01:23:39
474	Stephanie Hitchen		FSEN	01:25:42
475	Ruth Middleton		FSEN	01:25:45
476	Steven Libers		MSEN	01:30:31

2+9+16

6+7+29