



PUDSEY 10K CHALLENGE & FAMILY FUN RUNS

SUNDAY 27TH JULY 2008

PARK FUN RUN

The fun run for children aged under 8 starts at **9.30am** and covers 400 metres inside Pudsey Park. A goody bag and medal to all finishers.

FAMILY FUN RUN

The 2 mile family fun run starts at **10.00am** with a goody bag and medal for all finishers.

THE 10K CHALLENGE

The Pudsey 10K Challenge starts at **10.45am**. The Challenge follows a scenic, hilly, one lap course on public roads and tracks

Parking, bar, food and showers are at Pudsey Leisure Centre



**Run the Challenge and help
Pudsey Pacers
and RWR raise funds for**



Devoted to Life



SPONSORED BY:
RW Reprographics Ltd. • Unit 5
Pudsey Business Centre
47 Kent Road • Pudsey • LS28 9BB

**Fancy a short run... why not drop into RWR
WE DO SHORT RUN PRINTING!**

Help Pudsey Pacers and RWR raise funds for



Devoted to Life

Pudsey Pacers and RWR support Marie Curie. If you wish to support our charity then tick the box below in the entry form. A Charity pack will be sent out to you.

If you'd like to enter the Pudsey 10k Challenge or Fun Runs, please complete the entry form printed below and return it to the address given. (photocopied forms acceptable)

Entry Fees:

PARK FUN RUN	£2.00 (under 8s only)
2 MILE FUN RUN	£2.00 (under 16) / £4.00 adults
10K CHALLENGE	£7.00 attached (UKA Club)
	£9.00 unattached

10K entry on the day costs an additional £1.00, but is still eligible for prizes. Closing date for postal entries is 19th July 2008. Race limit is 450 participants.

Prizes are awarded to:

FIRST 10 MEN & WOMEN ■ VETERANS & JUNIOR ■ COURSE RECORDS ■ CLUBS & BUSINESS TEAMS ■ OLDEST & YOUNGEST COMPETITORS ■ T-SHIRTS TO ALL FINISHERS ■ SPOT PRIZES

Course Records: **Men:** Ian Fisher, Otley AC, 34:02 (2005) **Women:** Tracey Morris, Valley Striders, 38.45 (2003)

ENTRY FORM (photocopies acceptable)

I wish to enter the Pudsey 10K Challenge 2 Mile Fun Run Park Fun Run (please tick appropriate box)

I would like to raise sponsorship for Marie Curie

Name _____ DOB _____ Age on day _____ M/F _____
MINIMUM AGE 16 FOR 10K

Address _____

Postcode _____

Telephone _____ Business Team/Club Name _____
IF APPLICABLE (3 to count)

Email _____ UKA Membership Number _____

Cheques payable to "Pudsey Pacers RC" and SAE (approx 9 x 7 ins) to:

Race secretary, Dave Butler, 6 Apple Close, Birstall, Batley, West Yorks WF17 0DZ Tel: 07961 867560

Available Monday - Friday from 17.00 - 20.00 and Weekends

Declaration: I agree to abide by England Athletics rules and any other decisions taken by the race director. I confirm that I have no medical disabilities which would endanger myself or others taking part.

Signature _____ Date _____ Amount enclosed _____

PARENT OR GUARDIAN IF UNDER 18 YEARS

email: 10kentries@pudseypacers.com Online entries available through www.runnersworld.co.uk

Entry form available at www.pudseypacers.com