

Position	Name	Number	Cat	Club	Time
1	Tim Midgeley	438	M	Bingley Harriers	00:36:28
2	Richard Pattinson	457	M45	Pudsey and Bramley	00:37:24
3	Nigel Armitage	362	M35	Pudsey Pacers	00:37:51
4	James Clark	197	M	Pudsey Pacers	00:38:15
5	Jim Webb	381	M	Leeds Uni Ac/cc	00:38:43
6	Antony Bradford	411	M45	Spensborough & Dist AC	00:38:59
7	Jon Holah	458	M50	Pudsey and Bramley	00:39:16
8	Gerard Mills	515	M40	Bradford Airedale AC	00:39:28
9	Chris Banks	340	M	Pudsey & Bramley	00:39:38
10	Josh Whitely	437	M	Stainland Lions	00:39:40
11	Mark Sands	429	M40		00:39:47
12	David McGuire	466	M40	Hyde Park Harriers	00:39:50
13	Jon Morgan	425	M45	Driffield Striders	00:40:11
14	Rogan Ashton	373	M40	Otley A C	00:40:23
15	John Ewart	454	M55	Holmfirth Harriers	00:40:28
16	Mark Pigford	436	M40		00:40:35
17	Edward Hugh	509	M		00:40:51
18	Stephen Rainbow	145	M		00:40:56
19	Jon Collins	255	M	Stainland Lions	00:40:58
20	Neil Dutton	346	M35	Wakefield Harriers	00:40:59
21	Stuart Walker	359	M	Pudsey Pacers	00:41:15
22	Dave Tilley	430	M45		00:41:37
23	Paul Miller	248	M	Kirkstall Harriers	00:41:50
24	Tristan Sheard	442	M35	Stainland Lions	00:41:57
25	Dave Woodhead	388	M35	Pudsey Pacers	00:42:01
26	Paul Hiley	504	M45		00:42:05
27	Adrian Brown	133	M40		00:42:07
28	John Hobbs	239	M	Unattached	00:42:11
29	Marcellus Springer	108	M55	Horsforth Harriers	00:42:22
30	Richard Gibson	363	M35	Pudsey Pacers	00:42:31
31	Karol Sobolewski	243	M	Unattached	00:42:37
32	Colin Walker	485	M35	Pudsey & Bramley	00:42:43
33	Chris Quinlan	220	M		00:42:49
34	daivd haigh	327	M40		00:43:12
35	Richard Dunn	218	M35		00:43:16
36	Chris Williams	441	M	Queensbury RC	00:43:21
37	Jonathan McVicar	146	M	Leeds & Bradford Triathlon	00:43:56
38	Stuart Locking	230	M40	Pudsey & Bramley AC	00:44:10
39	Suzanne Sharman	339	F	Pudsey and Bramley	00:44:23
40	Peter May	376	M50	Horsforth Harriers	00:44:25
41	Lee Greenwood	507	M35	Stainland Lions	00:44:26
42	Carl Heron	374	M45	Queensbury RC	00:44:28
43	Tom Holden	435	M		00:44:29
44	Julie Field	480	F35	Stainland Lions	00:44:37
45	MATTHEW BURTON	275	M		00:44:40
46	Jonathan Ogle	120	M35	Handsworth Road Hogs	00:44:41
47	Johnathan Moore	505	M		00:44:45
48	Daniel Schofield	134	M40	Bingley Harriers	00:44:47
49	Waheed Khan	224	M	Bingley Harriers	00:44:48

50	Steven Boom	387 M40	Pudsey Pacers	00:44:58
51	Gary Mann	467 M	Valley Club	00:45:15
52	Neil Jones	308 M35		00:45:19
53	John Halliwell	495 M45	Abbey Runners	00:45:23
54	Paul Stephens	338 M50	Ilkley Harriers	00:45:28
55	IAIN STANTON	273 M	VALE ROYAL ATHLETICS CLU	00:45:43
56	Shona Stone	384 F35	Aire Valley Runners	00:45:59
57	Logan Anderson	489 M40		00:46:14
58	Myra Jones	422 F	Valley Striders	00:46:18
59	MARTIN GREEN	278 M		00:46:28
60	jonathan smithurst	203 M		00:46:34
61	James Metcalfe	445 M		00:46:40
62	Susan Robinson	546 F35		00:46:45
63	David Spink	307 M50	Kirkstall Harriers	00:46:46
64	Lucy Thompson	345 F	Stainland Lions	00:46:50
65	Mark Preston	444 M45	Stainland Lions	00:46:54
66	Mick Hern	270 M35	Pudsey Pacers	00:46:59
67	Christopher Hyde	162 M		00:47:00
68	REECE ISAAC	292 M	KIPPA HARRIERS	00:47:00
69	Rachel Pilling	138 F	Kirkstall Harriers	00:47:04
70	Terence Thomson	111 M55		00:47:05
71	Steve Taylor	472 M35		00:47:08
72	James Wilkinson	331 M		00:47:15
73	Paul Feather	499 M50	WF Triathlon	00:47:18
74	Matthew Walsh	439 M40		00:47:25
75	Sam Overend	233 M	Keighley & Craven AC	00:47:27
76	Helen Standing	343 F35	Holmfirth Harriers	00:47:31
77	Sian Morgan	426 F45	Driffield Striders	00:47:35
78	Sally Caton	481 F35	Stainland Lions	00:47:50
79	Lesley Ewart	310 F55	Holmfirth Harriers	00:47:57
80	Nick Beaumois	492 M35		00:47:58
81	Harry Ainscough	424 M		00:48:15
82	Gary Naylor	356 M35	Idle AC	00:48:25
83	Martin Rocks	503 M	Kirstall Harriers	00:48:30
84	David Byrom	304 M45	Pudsey Pacers	00:48:34
85	Chris Mellor	116 MJ	Pudsey and Bramley	00:48:37
86	Oliver Thornton	219 M		00:48:38
87	edward norfolk	187 M		00:48:39
88	Aaron Grierson	171 M		00:48:40
89	Robert Sanderson	394 M40		00:48:45
90	David Craig Tipton	269 M40	Ackworth Road Runners	00:48:46
91	mark skinner	326 M50	kirkstall harriers	00:48:53
92	Andy Norman	493 M40		00:48:55
93	Arthur Creek	443 M		00:49:00
94	Danny Crump	419 M35		00:49:02
95	Steve Bradshaw	405 M45		00:49:08
96	Aileen Baldwin	475 F55	Stainland Lions	00:49:26
97	Neil Holdsworth	136 M		00:49:31
98	Paul Turner	313 M35	Driffield Striders	00:49:36
99	Ade Adebayo	211 M35		00:49:41

100	gareth winks	195	M		00:49:48
101	Paul Brook	254	M	Unattached	00:49:54
102	Mark Thornton	154	M35		00:50:02
103	Randolph Haggerty	351	M40	Kirkstall Harriers	00:50:10
104	Terry Denton	113	M45		00:50:14
105	Andrew Boyes	174	M50	Driffield Striders	00:50:18
106	lee Kelsey	483	M		00:50:21
107	Chris Hoyle	106	M45		00:50:23
108	Emer Dudley	547	F45	Robertown Road Runners	00:50:24
109	TOM BARLTROP	295	M		00:50:25
110	Chris Smith	305	M45	Pudsey Pacers	00:50:27
111	Rosemary Baker	199	F50	Holmfirth Harriers	00:50:34
112	Martin O'Brien	256	M50	Stainland Lions	00:50:43
113	NICOLA BETTIS	279	F	KIPPA HARRIERS	00:50:44
114	Randolph Haggerty	351	M40	Kirkstall Harriers	00:50:47
115	Roger Fleming	251	M50	Stainland Lions	00:50:50
116	Marie O'Connor	403	F	Pudsey Pacers	00:50:52
117	Stepehn Dalton	455	M40	Kirkstall Harriers	00:50:52
118	Christopher Garnett	412	M	Airecentre PACER	00:50:55
119	Lee Harris	440	M40		00:50:58
120	james elliott	223	M		00:51:10
121	Sarah Booth	486	F40		00:51:12
122	Angela Pattinson	453	F40	Horsforth Harriers	00:51:15
123	Tim Tait	202	M		00:51:23
124	Stuart Heaton	128	M35		00:51:27
125	Dave Moxon	341	M45	Keighley & Craven AC	00:51:31
126	Beverley Stead	543	F45		00:51:35
127	Chris Brown	349	MJ		00:51:37
128	Matthew Remmer	132	M		00:51:37
129	Ian Hodgson	501	M		00:51:37
130	Philip Lonsdale	315	M45	Pudsey Pacers	00:51:37
131	Richard Brook	414	M35	Queensbury RC	00:51:41
132	Paul Stevenson	514	M45		00:51:52
133	Nicola Griffiths	383	F	Eccleshill Road Runners	00:51:52
134	Peter Griggs	452	M		00:51:53
135	Dave Waywell	123	M65	Wesham Road Runners	00:51:58
136	Tim Rust	497	M	Cairgorm Runner	00:52:03
137	Yvette Arthur	320	F50	Holmfirth Harriers	00:52:05
138	Neil Fairburn	368	M45	Baildon Runners	00:52:08
139	William Parsons	500	M35		00:52:11
140	John Taylor	396	M45		00:52:13
141	Dale Wilson	482	M		00:52:19
142	darren holroyd	175	M35		00:52:26
143	Michael Turner	213	M45		00:52:26
144	LEO PEARSON	297	M		00:52:27
145	Phil McGeever	228	M50	Horsforth Harriers	00:52:30
146	Craig Clegg	451	M		00:52:38
147	Hazel Pike	330	F40	Spensborough & Dist A	00:52:39
148	Catherine Elvin	347	F	Kirkstall Harriers	00:52:41
149	Kath Hoyer	537	F50	Wesham Road Runners	00:52:45

150 Alan Harman	461 M50	Thirsk and Sowerby	00:52:56
151 Rob Fuller	498 M		00:53:02
152 Theresa Duckett	460 F40		00:53:04
153 Tom Edmondson	402 M		00:53:06
154 Kevin Green	401 M		00:53:09
155 Richard Mann	260 M45	Rodillian Runners	00:53:10
156 Dominic Egan	450 M40		00:53:13
157 Gareth Whitaker	204 M		00:53:13
158 James Weller	198 M		00:53:13
159 Martin Speed	183 M40		00:53:13
160 Ben Parish	196 M		00:53:17
161 NICK HEWLAND	287 M	HORSFORTH HARRIERS	00:53:18
162 Paul Haigue	469 M35		00:53:19
163 Jason Goddard	105 M40		00:53:32
164 Zoe Tolman	418 F	Barnsley AC	00:53:34
165 Steven Hart	249 M	Unattached	00:53:39
166 Tristan Stroud	465 M		00:53:40
167 Tracy Wooffindin	404 F35		00:53:45
168 Tom Lawrence	201 M		00:53:49
169 Michelle Hepples	179 F		00:53:50
170 Chris Blythe	177 M50		00:53:56
171 James Kemp	365 M35		00:53:57
172 Jeremy Wright	268 M45	Bingley Harriers	00:53:59
173 Carron Watkins	545 F50		00:54:06
174 Jason Beckett	244 M40	Unattached	00:54:07
175 Serena Blackburn	227 F45	Horsforth Harriers	00:54:07
176 Glenn McAlpin	407 M40		00:54:08
177 Emma Lane	354 F35		00:54:21
178 Matt Keay	126 M35		00:54:25
179 Reid Haddon	122 M65	Northern Vets AC	00:54:26
180 Kyle Gallagher	240 M	Unattached	00:54:32
181 Robin Dalton	416 M40		00:54:36
182 KALEEM RAHIM	293 M		00:54:39
183 Sandy Gee	367 M50	Stainland Lions	00:54:45
184 Bradley Wright	476 M		00:54:50
185 Samsuri Hunak	333 M		00:54:53
186 LOUISE NEEDHAM	284 F		00:54:54
187 Lynne Metcalfe	538 F40		00:54:54
188 Gede Peacock	502 M50	Otley AC	00:54:54
189 Jenny Flanagan	342 F	Sale Harriers	00:55:10
190 Kirstan Stroud	464 F		00:55:14
191 Benita Jones	375 F40	Driffield Striders	00:55:35
192 Carl Wise	395 M40		00:55:37
193 Philip Wilkinson	337 M		00:55:44
194 emma kaye	149 F		00:55:50
195 Brendan Harrison	318 M		00:55:59
196 Dean Carter	348 M45		00:56:01
197 Wendy Chapman	257 F50	Kippa Harriers	00:56:02
198 Peter Hey	357 M55	Kirkstall Harriers	00:56:05
199 Bobby Ndawula	168 M35		00:56:07

200 Terry Lacy	377 M45	Rothwell Harriers	00:56:07
201 Don Stead	389 M70	Pudsey Pacers	00:56:10
202 Mason Wright	478 MJ		00:56:10
203 Bradley Strott	446 M		00:56:19
204 Richard McCartney	352 M		00:56:25
205 Missing Detail	420 M		00:56:25
206 Andrew Bell	417 M40		00:56:27
207 Claire Plunkett	408 F35	Halifa Harriers	00:56:29
208 EMILY BIRD	334 F35		00:56:33
209 Maria Mew	156 F35		00:56:40
210 Helen Thompson	484 F50	Kirstall Harriers	00:56:51
211 Max Dow	101 MJ		00:56:57
212 NATHAN WICKS	301 M		00:57:09
213 Neekheel Limbachia	380 M	Unattached	00:57:15
214 Clare James	410 F35		00:57:17
215 Abiola Teasdale	212 F35		00:57:19
216 Ade Adebayo	211 M35		00:57:21
217 Matthew Davison	369 M	Unattached	00:57:32
218 Richard Haigie	468 M35		00:57:34
219 Andrew Byrom	306 M45	Pudsey Pacers	00:57:36
220 Stuart Scott	118 M50	Wakefield Harriers	00:57:45
221 Kirsty Lodge	151 F35		00:57:52
222 Alejandro Pinto	188 M35	Dragons Running Club (Leec	00:57:58
223 Timothy Knighton	119 M	Horsforth Harriers	00:58:01
224 Katie Merrick	316 F		00:58:09
225 Rob Kellett	216 M		00:58:17
226 Joanna Lockwood	266 F35	Fetch Everyone	00:58:22
227 Matthew Carter	222 M		00:58:24
228 YOUSAF YAQOOB	294 M35		00:58:35
229 Mark Cassar	163 M40		00:58:44
230 Paul Benson	164 M40		00:58:44
231 Collette Spencer	372 F35	Kirkstall Harriers	00:58:54
232 Mark Hughes	130 M35		00:59:00
233 Bernard O'Connor	238 M45	Unattached	00:59:01
234 Emma Yiu	477 F		00:59:03
235 David Chu	235 M40	Unattached	00:59:21
236 Zoe Milnes	355 F35		00:59:26
237 Tom Wilderspin	344 M	Unattached	00:59:26
238 Duncan Schofield	225 M		00:59:27
239 Valerie Pell	470 F50	Kippa Harriers	00:59:41
240 Antony Eckersley	398 M40		00:59:47
241 Sarah Jones	309 F		00:59:48
242 Melanie Tolley	491 F35		00:59:54
243 George Khandolishvili	241 M	Unattached	00:59:55
244 Adrain Benn	511 M45		00:59:56
245 Adrian Barton	415 M60		01:00:01
246 STUART TURNER	277 M35		01:00:05
247 shaun popek	142 M		01:00:11
248 oliver jackson	141 M		01:00:13
249 Marcus Chadwick	421 M40		01:00:14

250 Tony Hails	117 M50		01:00:28
251 Rick Johnson	358 M40		01:00:37
252 THOMAS HARRISON	296 M		01:00:42
253 JIM BLOOMFIELD	276 M	LEEDS AND BRADFORD TRIA	01:00:46
254 Ann Martin	247 F60	Kippa Harriers	01:00:48
255 Mark Smith	317 M40		01:00:49
256 Matt Jones	413 M		01:00:52
257 Mark Halliday	103 M40	Stainland Lions	01:00:53
258 Sarah Marquis-Linley	487 F35		01:00:59
259 Meganne Paul	371 F	Unattached	01:01:03
260 chris hunt	207 M	Kirkstall Harriers	01:01:09
261 Carl Lecomber	107 M50	Stadium Runners	01:01:13
262 Lisa Hutchison	463 F		01:01:20
263 Ben Evans	433 M35		01:01:20
264 Julia Fearn	321 F35		01:01:22
265 Louise Crawshaw	548 F35	Pudsey Pacers	01:01:29
266 stephen crawshaw	217 M35		01:01:29
267 Carol Moran	541 F45	Kirkstall Harriers	01:01:30
268 Paul Heigham	506 M35		01:01:34
269 Kerry Gilchrist	159 F40	Bingley Harriers	01:01:36
270 Jeremy Knight	494 M40		01:01:36
271 Tracey Ndawula	169 F45		01:01:36
272 Hasheem Riaz	379 M	Unattached	01:01:39
273 Alan Hart	226 M	Unattached	01:01:42
274 Andrew Kellett	208 M55		01:01:44
275 Alan Deighan	516 M	Hyde Park harriers	01:01:53
276 Sharif Hassan	236 M35	Unattached	01:01:55
277 victoria kaye	150 F		01:01:55
278 Karen Nelson	550 F45	Pudsey Pacers	01:01:57
279 Ian Livesey	237 M	Clayton le Moors	01:01:58
280 Noel Akers	449 M50		01:02:00
281 Stephen Ellis	246 M50	Pudsey Pacers	01:02:00
282 Matthew Milner	508 M		01:02:07
283 David Weed	234 M45	Leeds & Bradford Triathlon	01:02:11
284 Diane Hancock	459 F		01:02:19
285 Rasul Faiz	390 M35	Pudsey Pacers	01:02:19
286 Kate Penrose	542 F55	Kippa Harriers	01:02:28
287 Gavin Shoesmith	153 M35		01:02:29
288 Jan King	312 M55		01:02:39
289 Martin Carney-Woods	129 M		01:02:53
290 LOUISE EGAN	288 F35		01:03:00
291 Andrew Naylor	271 M	Unattached	01:03:09
292 Stephen Crywe	303 M65		01:03:11
293 Aaron Alexander	385 M	Unattached	01:03:19
294 Alex Macdonald	386 M	Unattached	01:03:19
295 John Hardiman	496 M40		01:03:24
296 Myra Jones	422 F	Valley Striders	01:03:24
297 Steve Robinson	112 M		01:03:39
298 Alex Holmes	180 F40		01:03:47
299 Simon Laurenson	167 M		01:04:11

300 MOIRA LENAGHAN	298 F70	KIPPA HARRIERS	01:04:21
301 Julie Darnbrough	513 F35		01:04:22
302 nicki Coop	140 F40		01:04:29
303 Darren Duckworth	258 M	Rodillian Runners	01:04:32
304 Roger Willacott	264 M35	Unattached	01:04:49
305 Rob Heap	143 M		01:04:55
306 Robin Brown	109 M70		01:04:57
307 Sharon Coles	325 F		01:04:58
308 Stacey Enright	462 F		01:05:06
309 Paul Wales	232 M55	Unattached	01:05:09
310 Andrew Bownell-Judd	431 M45		01:05:16
311 Kelly Palmer	319 F55	KIPPA HARRIERS	01:05:19
312 Reuben Mew	155 M40		01:05:24
313 Allan Morrell	131 M65		01:05:38
314 Isaac Dell	114 M55	Kirkstall Harriers	01:05:41
315 Stuart Hamilton	432 M40		01:06:02
316 HANNELE BEHM	283 F		01:06:03
317 Angela Eckersley	397 F35		01:06:13
318 James Daly	328 M35		01:06:15
319 Anjuli Parmar	172 F	Pudsey Pacers	01:06:23
320 Sharon Hammond	423 F40		01:06:24
321 BEN CAIN	291 M		01:06:25
322 CRAIG WALSH	290 M		01:06:28
323 Craig Fothergill	474 M40		01:06:32
324 Ben Hartley	245 M	Hyde Park Harriers	01:06:32
325 Alice James	434 F		01:06:45
326 Rebecca Taylor	370 F40	Pudsey Pacers	01:06:51
327 JULIA HINCHLIFFE	302 F40		01:06:56
328 Steven Roberts	332 M		01:06:57
329 Wendy Powell	161 F35		01:07:00
330 CARLA BURTON	282 F	UNIVERSITY OF LEEDS	01:07:24
331 Kate Robinson	533 F40		01:07:25
332 Nicola McArthur	532 F40		01:07:26
333 Caroline Bond	190 F45		01:07:29
334 Harpreet Bhambra	517 F	Hyde Park	01:07:53
335 lindsay bellerby	147 F35		01:08:23
336 Cherry Collison	382 F35	Bolton Harriers	01:08:31
337 Richard Bach	391 M35	Pudsey Pacers	01:08:32
338 Matthew Sherriff	253 M	Unattached	01:08:51
339 Stuart Spurdens	447 M		01:09:17
340 Sandra Crowther	378 F40	Unattached	01:09:24
341 Beverly Wales	231 F50	Unattached	01:09:29
342 Catherine Dyson	479 F		01:09:39
343 David Owen	392 M	Pudsey Pacers	01:09:45
344 Andrew Senior	221 M35		01:09:57
345 Vanessa Magee	400 F40	Pudsey Pacers	01:09:59
346 Chris Allen	210 M		01:10:27
347 Samantha Herbert	209 F		01:10:43
348 Jamie Ingham	200 M45		01:10:49
349 Hollie Magee	399 F	Pudsey Pacers	01:11:00

350 Mark Marshall	324 M		01:11:02
351 Helen Muir	214 F		01:11:07
352 John Baldock	139 M45	Idle AC	01:11:13
353 Melvyn Burton	186 M55		01:11:16
354 Elaine Rushworth	549 F50		01:11:32
355 Jill Stocks	510 M	Kirkstall Harriers	01:11:46
356 Stephanie Hull	471 F45		01:11:51
357 Gail Robinson	205 F40		01:12:08
358 Michelle Potter	428 F35		01:12:10
359 Derek Mitchell	512 M70	Eccleshill Road Runners	01:12:30
360 Dino Bozzo	2 M		01:12:34
361 Katharine Kearney	215 F		01:12:38
362 Andy Hayes	329 M40		01:12:46
363 Pam Speed	184 F45		01:13:48
364 Aaron Tolley	490 M		01:13:25
365 Linda Fothergill	473 F40		01:14:52
366 Hugh Turner	350 M80	Midland Masters AC	01:14:29
367 Hillary Glover	456 F50	Kirkstall Harriers	01:14:36
368 Carly McGurk	335 F	Bradford Airedale AC	01:14:41
369 Mick Green	409 M45		01:14:45
370 Wayne Sargeant	406 M45		01:14:45
371 Jake Maltby	261 M45	Unattached	01:15:52
372 Natalie Heaton	530 F		01:15:05
373 Scott Sykes	3 M		01:15:10
374 Dave Butler	1 M40	Pudsey PaCERS	01:15:14
375 Andrew Wheeler	173 M50		01:15:53
376 Ian Poulton	191 M		01:16:55
377 Anne Akers	448 F50		01:16:27
378 Andrew Burgess	127 M40		01:17:35
379 Lindsey Fletcher	528 F		01:17:42
380 Alanah Flannery	529 F		01:17:42
381 Karen Waite	427 F50		01:18:00
382 Hannah Speed	185 FJ		01:18:56
383 Helen Brook	323 F		01:19:33
384 Tim Vernon	314 M	Pudsey Pacers	01:21:23
385 Fiona Wray	534 F35		01:22:10
386 Luke Blake	125 M		01:22:10
387 Anastasia Lincoln	158 F55	Idle AC	01:23:06
388 Ian Stanbridge	165 M40		01:24:24
389 Bethany Stanbridge	166 FJ		01:35:36
390 Catherine Simpson	336 F	Horsforth Harriers	01:35:36