



Want to keep running or run with other people?

If you want to run for individual goals, fitness or competition, why not come along and benefit from running with Pudsey Pacers? The club meet on Tuesday and Thursday evenings at 6.45pm in Pudsey Leisure Centre.

See [www.pudseypacers.com](http://www.pudseypacers.com) for more details.

**Entry fees:**

KIDS FUN RUN	£1 (under 8s only)
2 MILE FUN RUN	£2 (9-15s) / £4 adults
10K SENIOR RACE	£10 attached (UKA CLUB)/ £12 Unattached (10K entry on the day costs an additional £2, but is still eligible for prizes)

Prizes are awarded to:

MEN & WOMEN WINNERS & PLACINGS	AGE CATEGORY PRIZES	SPOT PRIZES
CLUBS TEAM PRIZES FOR 10K	BUSINESS TEAM PRIZES FOR 2M FUN RUN	
TECH T-SHIRT TO ALL 10K ENTRANTS		

**(((£100 FOR MALE &/ OR FEMALE NEW COURSE RECORDS)))**

Course records: Men: Ian Fisher, Otley AC, 34:02 (2005) Women: Tracey Morris, Valley Striders, 38.45 (2003)

**ENTRY FORM (photocopies acceptable)**

I wish to enter the **Puma Pudsey 10k** ☐ **2 Mile Fun Run** ☐ **Under 8's Fun Run** ☐ (please tick appropriate box)

Please circle your preferred 10k t-shirt size: S M L XL

Name ..... DOB ..... Age on day ..... M/F .....  
\*\*\* MINIMUM AGE 16 YEARS FOR 10K \*\*\*

Address .....

.....Postcode .....

Telephone ..... Club Name / Business Team .....  
..... If applicable (3 to count) .....

Email ..... UKA Membership Number .....  
Attached runners to complete

**Closing date for receiving postal entries is Monday, 9th June 2014**

10k race limit is 500 participants

UKA Race Permit 2014 – 11628

**Please note that audio devices and headphones must not be used during any of the scheduled races**

Cheques payable to "Pudsey Pacers RC" and valid SAE (approx 9 x 7 ins) to:

**Race Secretary**, Gary Bailey – c/o Stanningley Commercials, 59-61 Bradford Rd, Pudsey, Leeds LS28 6AT  
(07734194028)

Declaration: I agree to abide by England Athletics rules and any other decisions taken by the race director. I confirm that I have no medical conditions which would endanger myself or others taking part. I take part entirely at my own risk and accept that the organisers shall not be liable for any injury to my person or loss of property.

Signature ..... Date ..... Amount enclosed .....  
Parent or guardian if under 18 years

Email: [10kentries@pudseypacers.com](mailto:10kentries@pudseypacers.com)

Enquiries: 07704213970

Online entries: [www.runbritain.com](http://www.runbritain.com)



The race is part of the Leeds Athletics Network 2014 Race Series. There will be approximately 18 races in the series, with distances varying from 1 mile to 10 miles, some road, some off-road. The Series is open to all Leeds residents at no extra cost. For more details see [www.leedsathletics.net](http://www.leedsathletics.net) Please tick here ..... to register

**Entry form available at [www.pudseypacers.com/events/pudsey-10k](http://www.pudseypacers.com/events/pudsey-10k)**