



# PUDSEY PACERS RUNNING CLUB

## COMMITTEE MEETING MINUTES

Wednesday, 14<sup>th</sup> August 2013

**Present** John Marshall, Dave Burdon, Arthur Wood, Graeme Tiffany, Anne Gowing, Neil Wallace, Sharon Hague and Andrew Byrom

**Apologies** Joy Good, Jon Prideaux, Sharon Thomas, Jenny Cooper and Darryl Stead

### ACTION

**Notes of last meeting** –The minutes were amended to acknowledge the action NW had undertaken to arrange the FLIRF course.

**Matters arising**

Official committee communications – GT was going to pull some wording together for the committee communications. Carried forward to next meeting.

**GT**

**New runners** – Shaun Denholm is busy with work and cannot always commit to organised training sessions. JP still looking into local venues to hold training sessions on local running tracks.

**JP**

*Core conditioning* – discussion held about regularity of the sessions and should they be more/less frequent. Should these be held by Shaun or could someone else help/lead? Agreed there is a need a dedicated session for this type of training so as not to take away from ongoing sessions.

Discussion held about having a group dedicated for those coming back from fitness. How would this work and what would be the benefits? Possibly put something on the forum to raise awareness?

*Bibs* – sample brought in to look at. These are for the run leaders and will state 'leader' on the front and back. Agreed to get a vest for each leader/coach in differing colours. The sample will be passed back to Joy to order the vests but will check the sizes with each leader/coach. Different colours for coaches (blue) and leaders (orange).

**JG**

**Relays –**

LCW update – 4 teams all getting ready and undertaking reccies including ladies team. Reserves are in place. Neil had organised many reccies including involving many other clubs. The Committee gave thanks to Neil for his organisation of these runs. Agreed that cups and water station in the Pudsey area near the fox and grapes to help other runners on the day – NW to look into this (AW to look into getting cups.)

**NW**

*Fell* – GT organising a team for the Fell relay in October 20/21<sup>st</sup> (noted that this was the same day as the Bridlington Half marathon). GT to update with how the organisation plans are going. AB to 'bump' (bring up my post' up the thread on the forum.

**GT**

**AB**

*Cross Country* – Russell Stead not here for the committee to update. Discussion held about changing the location of the Pudsey race.

The West Yorkshire x country meeting is likely to be held soon. Discussion points to put forward to the meeting were discussed and it was agreed to put forward the

<p>suggestion of 4 out of 5 to count. Also suggest that the entry fee money is increased and could include raffle prizes meaning that there would be no need to donate raffle prizes later. Agreed that Pudsey would host a race and happy to put name forward. AW to explore options around hosting at Post hill and/or Troydale area.</p>	<p><b>AW</b></p>
<p><b>Pudsey 10K</b> – Dates in July discussed – all agreed that the race ideally should not to clash with the Northumberland coastal run as many club members would like to do this race next year. Discussion held about the route of the race including suggestions about holding the Post Hill race on the Friday on the same weekend. Possibly include a park run? This could make a weekend festival of running? Other discussion included the possibility of moving to June or May? All committee to go away and think about dates and what could be included.</p> <p>10K Presentation – agreed to be the last Thursday in September at Pudsey St Lawrence. Invite Marie Curie. JM will contact Mark Pawson about handover of cheque. SH to contact to Pudsey St Lawrence to inform them. Invite the sponsors to come along to this. Agreed the communications would say raised over £2000.</p> <p>AW confirmed he will not be helping out in the organisation but can help on the day of the 2014 PP 10K. AW has a handover document of information for the new race director.</p>	<p><b>Committee</b></p> <p><b>JM</b></p>
<p><b>Race committee and grand depart -</b></p> <p>NW raised the suggestion that there is a core group of people who are convened to organise all races eg post hill, vets etc. Discussion held about the feasibility of this and if this is agreed then it should be advertised to members to volunteer to be part of this group. This would share knowledge on the common threads such as permits, marshals etc. The risk is that the group would be relied on heavily and it could always fall to this core group to organise all races. The advantages are that this group would provide consistent support and knowledge of race organisation. Could be advertised as a short session following a club night for members to attend and find out more about what this might entail. NW will put something on forum and something on facebook for a meeting in a few weeks time early September. (31/29 on the 3<sup>rd</sup>) All agreed that this would be organised for the 3<sup>rd</sup> September.</p> <p><i>Grand depart themed race</i> – possibility of holding an event the week of the Tour de France cycle race. Discussion held about what options are available and what could PP be involved in and include other running clubs. Committee agreed that NW would contact other clubs locally and see what they think and what they think is a good idea.</p>	<p><b>NW</b></p> <p><b>NW</b></p>
<p><b>Clubmark</b> –Joy had circulated an update of the progress of the Clubmark for the reassessment.</p> <p>Risk assessment being undertaken – discussion held about the format of this, point of view of a coach or otherwise? DB to forward assessment form to NW for him to undertake one too.</p> <p>Coaching Qualifications – DB update – licences do not expire, but the CRB does expire. Welfare officers to undertake online course – Female welfare officer discussed who this could be. AB to ask Helen Davies if she would be interested. The code of conduct can be circulated and the names of the welfare officers circulated later.</p> <p>AG – to sent Joy the new members letter to Joy.</p> <p>Development plan drafted and circulated to all the committee – has equity section which was not there before. Agreed that there should be a plan to take this forward in the coming months and strengthen the plan. However what is there it was felt was sufficient for the club mark and showed progress and improvement since last time</p>	<p><b>DB</b></p> <p><b>AB</b></p> <p><b>AG</b></p>

and it was achieved since last time.	
<b>Survey results</b> –.No update – carried forward until next month	
<p><b>Socials</b> –  July all went well and a good social and thank you to those who organised the race.  <b>August</b> – DB organising in Otley chevin area and using the route of the run Sunday. Post run venue to be decided. Start point to be organised and announced. Possibly start earlier.  <b>September</b> – SH will look into organising a run.  <b>October</b> – Halloween,  <b>December</b> – Sherry stumble, last Thursday of the month</p>	<p><b>DB</b></p> <p><b>SH</b></p>
<p><b>Website</b> – thanks to Darryl. All going well and looking very good. Noted that new members profiles updated on the website – just two members updated per month. New members names to be put onto the website to welcome them to the club.  <b>Newsletter</b> – noticeboard thanks to Joy and Arthur for the newsletter and noticeboard. Keep sending all information to Joy and Arthur for publication.  Guide running – flyer from England athletics. EA have suggested that a workshop could be held if there is interest in the geographical area. All agreed to be involved and that Pudsey P would be good to be involved. NW to take forward and follow this up with EA t find our more.  Community first - sent out to all members to providing individual feedback.</p>	<p><b>NW</b></p> <p><b>AG</b></p>
<b>Finances</b> – all currently ok. Noted that the England athletics fees are increasing next year so look into keeping the membership low for next year.	
<b>AOB</b> - there was no other business	
<b>Next Meeting</b> – Wednesday 4 <sup>th</sup> September 7pm-8pm	

